

The Twelve Steps

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry his message to alcoholics, and to practice these principles in all our affairs.

*God, grant me the serenity to accept
the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference!*

The Twelve Traditions

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities

Alcoholics Anonymous District 28 Meeting Schedule



Revised December, 2010

AA Hotline: 989-354-2728

Website: www.aa-of-ne-mi.com

Email: aaunityexpress@yahoo.com

Mailing Address:

District 28
P.O. Box 391
Alpena, MI 49707

Responsibility Declaration

I am responsible.

When anyone, anywhere, reaches out for help,
I want the hand of AA always to be there.
And for that I am responsible.

Please note: Information provided in this schedule is as current as the information available on the publication date. Updates and/or corrections are the responsibility of individual groups, if they wish to be included. To make changes to this schedule, please call 989-464-2652 or email us at: aaunityexpress@yahoo.com

Legend:

C = Closed Meeting: Anyone with a desire to stop drinking is welcome.

O = Open Meeting: All interested persons are welcome.

S = Speaker

D = Discussion

B = Book Study

H = Handicapped Accessible

T = Treatment Center Meeting. Must check with center before arriving (989) 356-6649.

M = Men only meeting

W = Women only meeting

SM = Smoking allowed

***** = The last Friday of every month is an open speaker meeting and potluck meal at 7:00 pm

****** = 1st and 3rd Saturdays are speaker meetings.

Others are discussion meetings.

<i>Time</i>	<i>City</i>	<i>Location</i>
<u>Monday</u>		
10:30 AM	Alpena	Alano Club (C)
12:00 PM	Alpena	1st. Congregational Church (C)
12:00 PM	Atlanta	Briley Township Park Office (C)
7:00 PM	Alpena	Trinity Episcopal Church (C,W)
4:00 PM	Atlanta	Briley Township Park Office (C,W)
7:00 PM	Harrisville	United Methodist Church (C)
7:00 PM	Hillman	Hillman Independent Bank (C)
8:00 PM	Alpena	Alano Club (C)
8:00 PM	Alpena	St. Bernards Church (C,M)
8:00 PM	Lewiston	St. Francis Church (C)
8:00 PM	Rogers City	Westminster Church (C)

<u>Tuesday</u>		
9:00 AM	Atlanta	Briley Township Park Office (O,D,SM)
10:30 AM	Alpena	Alano Club (C)
3:30 PM	Alpena	St. Bernards Church (C)
6:00 PM	Rogers City	Westminster Church (C)

<i>Time</i>	<i>City</i>	<i>Location</i>
7:00 PM	Alpena	Trinity Episcopal Church (C)
8:00 PM	Alpena	Alano Club (C)
8:00 PM	Atlanta	Briley Township Park Office (C)
8:00 PM	Curran	Sunny Side Methodist Church (C)
8:00 PM	Onaway	St. Paul Church (C)

<u>Wednesday</u>		
10:30 AM	Alpena	Alano Club (C)
12:00 PM	Atlanta	Briley Township Park Office (C,B)
4:00 PM	Atlanta	Briley Township Park Office (C,W)
7:00 PM	Hillman	Hillman Independent Bank (C)
7:00 PM	Spruce	Lutheran Church (C)
8:00 PM	Alpena	Alano Club (C)
8:00 PM	Alpena	Sunrise Center (C,T)
8:00 PM	Alpena	1st. Congregational Church (C)
8:00 PM	Atlanta	Briley Township Park Office (C,B)
8:00 PM	Posen	St. Casimir Church (C)
8:00 PM	Onaway	United Methodist Church (C)

<u>Thursday</u>		
10:30 AM	Alpena	Alano Club (C)
03:30 PM	Alpena	St. Bernards Church (C)
7:00 PM	Grand Lake	Fire Hall (C,H)
7:00 PM	Ossineke	Methodist Church (C)
8:00 PM	Atlanta	Briley Township Park Office (O,D,SM)
8:00 PM	Alpena	Alano Club (C)
8:00 PM	Lewiston	St Francis Church (C,H)
8:00 PM	Alpena	Immanuel Lutheran School (C,H)

<u>Friday</u>		
10:30 AM	Alpena	Alano Club (C)
5:30 PM	Alpena	Trinity Episcopal Church (C)

<i>Time</i>	<i>City</i>	<i>Location</i>
7:00 PM	Hillman	Hillman Independent Bank (C)
8:00 PM	Lincoln	Methodist Church (C)
8:00 PM	Alpena	Alano Club (C)
8:00 PM	Atlanta	Briley Township Park Office (C,O*)
8:00 PM	Hagensville	St. John Church (C)
8:00 PM	Onaway	St. Paul Church (C)

<u>Saturday</u>		
10:00 AM	Alpena	1st. Congregational Church (C)
10:30 AM	Alpena	Alano Club (C)
7:00 PM	Alpena	Regional Hospital Auditorium (OS/OD**,H)
8:00 PM	Harrisville	EMS Station on M72 (C)
8:00 PM	Alpena	Alano Club (C)
8:00 PM	Lewiston	St. Francis Church (C)

<u>Sunday</u>		
08:00 AM	Atlanta	Briley Township Park Office (C)
10:30 AM	Alpena	Alano Club (C)
10:30 AM	Alpena	Regional Hospital Auditorium (C,H)
3:00 PM	Rogers City	Westminister Church (C)
8:00 PM	Alpena	Alano Club (C)
8:00 PM	Mio	St. Mary Church (C)

Notes and Phone Numbers
